



**Family Vision Center would like to wish you a happy and healthy new year!**



**Family Vision Centers**  
Where Quality is Affordable

### **January is National Glaucoma Awareness Month**

Did you know that your eyes could potentially be carrying around numerous forms of bacteria? Do you get your eyes checked annually? If not, now would be a great time to start receiving annual eye exams. By continuously receiving eye exams, you will avoid a potential disease that could leave you blind.

Glaucoma is defined as a group of diseases that steal sight from an individual without any warning. Over three million Americans have Glaucoma, while only half know about it. Regular and consistent eye exams are the key to protecting your vision from damage caused by glaucoma.

Everyone is at risk for glaucoma. Some groups have a greater risk to developing this disease, such as: African-Americans, people over 60, people who have family members with Glaucoma, Hispanics in older age groups, Asians, steroid users, and individuals who have had a previous eye injury. It doesn't matter who you are, you could still be affected and have the need to

undergo treatment.

When an individual is diagnosed with Glaucoma, the treatment varies. Some treatments may include medication, while others use prescription eye drops. Other times, surgery is required in hopes to lower the pressure in the eye and prevent further damage. While there is no ultimate cure for Glaucoma right now, the sooner you get diagnosed, the better, and longer, chance you have of preserving not only your eyes, but your eyesight as well.

We are dedicated to helping you maintain healthy eyes.

Please contact us today to set-up an appointment.

[REQUEST AN APPOINTMENT](#)

Happy New Year!

Family Vision Center-Stratford

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Family Vision Center-Stratford: 775 Main Street - Stratford, CT 06615  
ph: [203-377-2020](tel:203-377-2020) - email: [help@famvision.com](mailto:help@famvision.com)